



THE REPUBLIC OF KENYA

COMPETENCY BASED CURRICULUM

BEAUTY THERAPY

KNQF LEVEL 6

ISCED PROGRAM CODE: 1012 554B



TVET CDACC
P.O. BOX 15745-00100
NAIROBI

MANICURE AND PEDICURE OPERATIONS

UNIT CODE: COS/CU/BT/CR/04/6/B

Relationship to Occupational Standards

This unit addresses the Unit of Competency: Conduct manicure and pedicure operations

Duration of Unit: 240 hours

Unit Description

This unit covers competencies required to conduct manicure and pedicure operations. It involves planning and organizing manicure and pedicure operations, setting up and preparing to provide manicure and pedicure and associated services; conducting manicure and pedicure and associated services and carrying out post service procedures.

Summary of Learning Outcomes

1. Plan and organize manicure and pedicure operations
2. Set up and prepare to provide manicure and pedicure and associated services
3. Perform manicure and pedicure operations
4. Carry out post service procedures

Learning Outcomes, Content and Suggested Assessment Methods

Learning Outcome	Content	Suggested Assessment Methods

1. Plan and organize manicure and pedicure operations	<ul style="list-style-type: none"> • Definition of terms • Manicure/Pedicure history • Business operational resources • Development of standard operating procedures • Staff remuneration • Principles of management • Staff management • Legal framework of starting and operating a business enterprise 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questioning • Interviewing • Third party report
2. Set up and prepare to provide manicure and pedicure services	<ul style="list-style-type: none"> • Principles of hygiene and sanitation • Safety and health in the beauty parlour • Manicure and pedicure tools and equipment • Manicure and pedicure products and supplies • Identification of manicure and pedicure tools and equipment • Identification of manicure and pedicure products and supplies • Identification of manicure and pedicure PPEs • Work station set up procedure 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questioning • Interviewing • Third party report

<p>3. Perform manicure and pedicure operations</p>	<ul style="list-style-type: none"> • Consultation and client care • Principles of skin and nail analysis • Disorders and diseases of skin and nail • Hand and leg anatomy • Manicure methods <ul style="list-style-type: none"> • Basic procedures • Warm oil • Paraffin wax/mask • Pedicure methods • Basic procedures • Warm oil • Paraffin wax/mask • Fish-let • Gel polish technique • Nail art design methods • Glitter dust • Marble • Ombre • Fantasy • stamping • Stencil • Magnet <ul style="list-style-type: none"> • Stickers • Ethical and etiquette in cosmetology • Marketing principles • Skin and nails analysis procedures • Hands and legs preparation procedures • Manicure and pedicure after care • Marketing techniques 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questions • Interviewing • Third party report
<p>4. Carry out post service procedures</p>	<ul style="list-style-type: none"> • Environment management laws and regulations 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questioning

	<ul style="list-style-type: none"> • Waste management and disposal • Decontamination and infection control • Storage of products and supplies • Tools and equipment cleaning and disinfection procedures • Reusable supplies cleaning and disinfection procedures • Waste management methods • Waste disposal methods • Clearing work station 	<ul style="list-style-type: none"> • Interviewing • Third party report
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Suggested Methods of Instruction

- Direct instruction
- Project
- Case studies
- Field trips
- Discussions
- Demonstration by instructor
- Practice by the trainee

List of Recommended Resources:

General:	Tools and equipment:	Products and supplies:
Information Communication Technology, classroom and	<ul style="list-style-type: none"> • Files • Table light • Assorted glass bowls 	<ul style="list-style-type: none"> • Scrub • Soap • Cuticle cream/gel • Nail polish remover

classroom resources, stationery, charts, posters,	<ul style="list-style-type: none"> • Nail brushes • Spatulas • Manicure set • Orange stick • Nail peg • Nail scissors • Nail buffer • Corn slicers • Pumice stone • Disposable razors • Scrapers • Foot smoother • Cotton wool • Absorbent towels • Foot spa 	<ul style="list-style-type: none"> • Assorted nail polish • Sanitizer • Disinfectant • Antiseptic • Dry quick polish • Stencils • Stamping kits • Nail dummy • Assorted bowls • Assorted towels • Paraffin wax Assorted massage • oils • Assorted moisturizers • Improvised
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