



REPUBLIC OF KENYA

COMPETENCY BASED CURRICULUM

FOR

BEAUTY THERAPY

KNQF LEVEL 5

PROGRAMME CODE:1012 554 B



TVET CDACC
P.O. BOX 15745-00100
NAIROBI

MANICURE AND PEDICURE SERVICES

UNIT CODE: COS/CU/BT/CR/04/5/B

Relationship to Occupational Standards

This unit addresses the Unit of Competency: Provide manicure and pedicure services

Duration of Unit: 180 hours

Unit Description

This unit covers competencies required to provide manicure and pedicure services. It involves setting up and preparing to manicure and pedicure and associated services; conducting manicure and pedicure and associated services and carrying out post service procedures.

Summary of Learning Outcomes

1. Set up and prepare to provide manicure and pedicure and associated services
2. Perform manicure and pedicure operations
3. Carry out post service procedures

Learning Outcomes, Content and Suggested Assessment Method

Learning Outcome	Content	Suggested Assessment Me

<p>1. Set up and prepare to provide manicure and pedicure services</p>	<ul style="list-style-type: none"> • Definition of terms • Manicure and pedicure history • Manicure and pedicure operational resources • Manicure and pedicure standard operating procedures • Legal framework of operating a salon • Principles of hygiene and sanitation • Safety and health in the beauty parlour • Manicure and pedicure tools and equipment • Manicure and pedicure products and supplies • Identification of manicure and 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questioning • Interviewing • Third party report
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	<ul style="list-style-type: none"> pedicure tools and equipment • Identification of manicure and pedicure products and supplies • Identification of manicure and pedicure PPEs • Work station set up procedure 	
2. Perform manicure and pedicure operations	<ul style="list-style-type: none"> • Consultation and client care • Principles of skin and nail analysis • Disorders and diseases of skin and nail • Hand and leg anatomy • Manicure methods o Basic procedures o Warm oil o Paraffin wax/mask • Pedicure methods o Basic procedures o Warm oil o Paraffin wax/mask o Fish-let • Gel polish technique 	<ul style="list-style-type: none"> • Written tests • Observation • Oral questions • Interviewing • Third party report
	<ul style="list-style-type: none"> • Nail art design methods <ul style="list-style-type: none"> • Glitter dust • Marble • Ombre • Fantasy stamping • Stencil Magnet Stickers • Ethics and etiquette in cosmetology • Marketing principles • Skin and nails analysis procedures • Hands and legs preparation procedures • Manicure procedures o Basic procedures o Warm oil o Paraffin wax/mask • Pedicure procedures o Basic procedures o Warm oil o Paraffin wax/mask o Fish-let • Gel polish application 	

	<ul style="list-style-type: none"> Nail art design procedures <ul style="list-style-type: none"> Glitter dust Marble Ombre Fantasy stamping Stencil Magnet Stickers Manicure and pedicure after care Marketing techniques 	
3. Carry out post service procedures	<ul style="list-style-type: none"> Environment management laws and regulations Waste management and disposal Decontamination and infection control Storage of products and supplies Tools and equipment cleaning and disinfection procedures Reusable supplies cleaning and disinfection procedures 	<ul style="list-style-type: none"> Written tests Observation Oral questioning Third party report

Suggested Methods of Instruction:

- Direct instruction
- Project
- Case studies
- Field trips
- Discussions
- Demonstration by instructor
- Practice by the trainee

List of Recommended Resources:

General: Information Communication Technology, classroom and classroom resources, stationery, charts, posters,	Tools and equipment: <input type="checkbox"/> Files <ul style="list-style-type: none"> Table light Assorted glass bowls Nail brushes Spatulas 	Products and supplies: <ul style="list-style-type: none"> Scrub Liquid soap Cuticle cream/gel Nail polish remover Assorted nail polish
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	<ul style="list-style-type: none"> • Manicure set • Orange stick • Nail peg 	<ul style="list-style-type: none"> • Sanitizer
	<ul style="list-style-type: none"> • Nail scissors • Nail buffer • Corn slicers • Pumice stone • Disposable razors • Scrapers • Foot smoother • Cotton wool • Absorbent towels • Foot spa 	<ul style="list-style-type: none"> <input type="checkbox"/> Disinfectant <input type="checkbox"/> Antiseptic <input type="checkbox"/> Dry quick polish Stencils Stamping kits <input type="checkbox"/> Nail dummy Assorted <input type="checkbox"/> bowls Assorted towels <input type="checkbox"/> Paraffin wax Assorted <input type="checkbox"/> massage oils <input type="checkbox"/> <input type="checkbox"/> Assorted moisturizers <input type="checkbox"/> Improvised